

# Neutral Descriptors List:

See how well you can describe your food!

## Color:

What colors do you see in your food? Are they separate or all mixed together?

Blue      Green

Red      Yellow

Orange      Brown

Grey      Black

White      Purple

## Texture:

Can you describe the way a food feels in your hands or your mouth?

Thick      Melty      Firm

Chunky      Chewy  
Rubbery

Grainy      Sticky  
Slippery

Crunchy      Soft  
Bouncy

Crisp      Slushy  
Juicy

## Taste:

Name the flavors that are present in your food!

Sweet      Salty

Sour      Bitter

Umami      Spicy

Bland

Do different foods on your plate have different flavors? Are there different flavors in the same food?

## Cooking Methods:

Fresh      Raw      Fried

Stale      Fatty      Burnt

Roasted      Toasted

## Temperature:

Hot

Cold

Room Temperature

